

MK Chorale Covid-19 Rehearsal Rules

Autumn 2022



1. All rehearsals this term will be face-to-face only.
2. Our rehearsal space is well-ventilated. We will continue to monitor the quality of the ventilation to ensure that the CO₂ level stays within the government recommended limit.
3. Although there will be no fixed minimum social distance, seats will be set out with some space between them.
4. You are expected to attend rehearsals in person only if you have been double vaccinated and have accepted all booster doses that have been offered to you, or you have a medical exemption. But we will not check vaccination status.
5. You should only attend a rehearsal if you meet all of the following conditions:
 - You do not have any symptoms that might indicate that you have Covid-19. These include a high temperature, a new continuous cough, a runny nose, headache, and a loss or change to the sense of smell or taste.
 - You have not knowingly been in close contact with anyone with Covid-19 symptoms in the past six days.
 - You have not tested positive for Covid-19 in the past six days.
6. Free NHS Lateral Flow tests are no longer available, so, if you do have symptoms that may indicate Covid-19, there is no expectation that you will take a test. However, if you have test kits available to you, please use them, and do not return to rehearsals until you have a negative result.
7. Wearing a mask during any part of rehearsals is optional. If you do plan to sing with a mask, you may want to consider a mask insert. *Making Music* recommends those available from www.singsafeuk.com. Other suppliers are available.
8. You will be expected to sanitise your hands on arrival at rehearsals.
9. There will be no refreshments initially provided, so please bring your own if you wish.

The choir's Covid-19 full risk assessment is currently being updated. We will circulate information about it as soon as possible.